

WICEN (Vic.) Inc.

Communications Manual

For

Oxfam Trailwalker 2008

Version 1.0 07/04/2008

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General Information

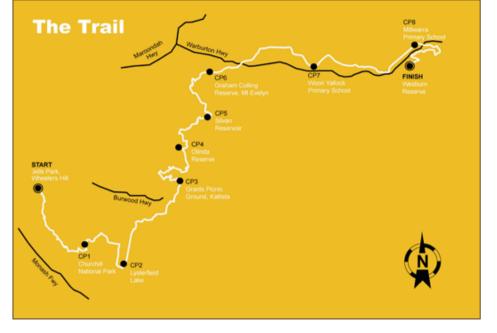
Introduction

Welcome to the Oxfam Trailwalker event and thank you for volunteering to assist WICEN. This document should contain all the information you need as a checkpoint operator on the event. **Please read it thoroughly.**

Overview

The Oxfam Trailwalker event entails up to 630 teams of four members, traversing roads and walking trails on foot for 100 Kms from Jells Park to Wesburn Park, in the shortest possible time. The event will run continuously from 7 am Fri April 11th until 10 am Sun April 13th.

The role of WICEN is to supply safety and logistic communications from Net Control, Finish, and all checkpoints



WICEN will operate controlled Nets.

WICEN Role & Responsibilities

From the Oxfam Trailwalker Operations Manual:

Responsibility

Provide effective radio communications network between all Checkpoints, (including the Finish and the Control Centre for the duration of the event.

Roles

Establish radio communications between the Control Centre, and all checkpoints;

Provide personnel to operate radios at all checkpoints and control for the duration of the event

Provide ongoing support for network throughout event.

Liaise with other supporting organisations to develop comprehensive post-event evaluation.

Public Profile

Where possible a WICEN uniform and WICEN ID should be worn, and WICEN banners prominently displayed.at each checkpoint. Operators at the finish at Wesburn Park should be aware that this is the main public relations area for Oxfam and therefore WICEN.

Checkpoints

There are eight checkpoints, the Start at Jells Park, the Finish at Wesburn Park and the Wesburn Control Centre. However, WICEN will not be operating from the Start.

Each site is controlled at all times by the Oxfam Checkpoint Coordinator (or their assistant). As per the site plans (see later in this manual), the WICEN operator will setup next to the Oxfam Checkpoint coordinator. **Please introduce yourself to your Checkpoint coordinator.**

Rostering

A WICEN operator duty roster for each checkpoint is included in this manual.

The times refer to when the station is to be operational, and to the **minimum** time an operator is expected to be on duty. When coming on duty please allow time for station set up or change over, an update briefing, and introductions to Oxfam personnel.

Please liaise with other operators at your checkpoint so that a smooth transition from one operator to the next will occur. The sharing of equipment may be possible, but will have to be arranged between you. Having to install station equipment in the dark may be a nuisance and should be avoided if possible.

Operators on the **last** shift at each checkpoint are required to observe customary WICEN practice, in that the Checkpoint does not close before the safety of all competitors and volunteers has been assured. Once the sweep walkers have passed the checkpoint and the Oxfam Checkpoint Coordinator has given you permission to close, you may then ask Net Control for permission to close.

Equipment:

Each checkpoint will require

- 2m radio, feedline & antenna capable of tuning the three 2m frequencies
- Batteries & power supplies/chargers to power the 2m systems

Each operator will require

- Message pads, pens, log sheets, and assorted spares
- Warm clothing Very Important
- Bedding (those operators remaining at checkpoints at night while not on duty)
- Food

WICEN Checkpoint Setup

As WICEN operating positions are located adjacent to checkpoint coordinators within buildings or marquees, operating from vehicle mounted stations will not be possible.

Operators should plan to use battery power, though power will available at all checkpoints (whether via existing supply or Oxfam generator) for battery charging. In the cases where generators are being used please liaise with the Oxfam Checkpoint coordinator before connecting to the power.

Avoid congesting the administration area, when not on duty. **NB You will not be able to sleep in the marquees or checkpoint buildings.** Space at some checkpoints operating overnight is limited. Those wishing to do so may camp in the park adjacent to Wesburn CFA/SES complex. It is advisable that operators at Woori Yallock, Wesburn and Millwarra Primary school should camp at Wesburn NCS to avoid travelling when fatigued.

Masts will be required for 2m. When setting up freestanding masts, fencing star pickets and a method of driving them into the ground would be useful. The use of headphones may be necessary as checkpoints are expected to be noisy. **Ensure that you can hear your radio at all times.**

When setting up your station, discuss with the checkpoint administrator the layout of the checkpoint administration area so that your operating point is conveniently located with regard to safely, particularly routing your feed lines via windows or doors.

Occupational Health and Safety

When setting your station up consider both the ACMA EMR regulations now in force and basic Occupational Health and Safety guidelines (IE no antenna leads across walkways).

Operators camping should be aware that leeches abound in the bush and the use of insect repellent and closure of trouser legs is advisable.

Each WICEN operator MUST ensure that the setup at the checkpoint is not hindering the event organisers, competitors or, where present, the general public.

Given the 24 hour nature of this event, WICEN operators must also take care to ensure they have adequate clothing and food so as not to endanger their well being during the event. Warm waterproof clothing is essential.

Toilets are provided and food and hot drinks **may** be available at some checkpoints, however WICEN Operators at checkpoints must be self-sufficient.

Net Control will be performing welfare checks of each active checkpoint every 30 minutes (traffic allowing) to ensure all active checkpoints are operational in case of an urgent situation. If you do not receive a welfare check at the expected time and AWI is not busy, call in for a "comms check".

NB it is very important WICEN operators do NOT drive while suffering fatigue, especially if a checkpoint finishes late in the evening. Take a Power Nap if tired.

Logs

Comprehensive station logs should be kept and submitted to the Event Commander, Simon Griffith, VK3ZNT after the event. Please refer to the WICEN Newsletter article reprinted in Appendix 3.

Frequencies

Primary	Secondary	Tertiary	Packet
VK3REC	VK3RCR	147.300 MHz Simplex	145.200 MHz
147.175 MHz +ve offset	147.075 MHz +ve offset		If Necessary

The primary and secondary frequencies are repeaters that can easily be heard all over Melbourne, so please conduct yourself professionally as many fellow Amateurs will be judging your performance.

Callsigns

Special callsigns will be used as follows:

Location	Callsign
Net Control Centre	VK3AWI (can be abbreviated to AWI)
Finish	FINISH
Checkpoints	CHECKPOINT #

Joining The Net

As soon as practical after arriving at a checkpoint to set up a station, the Net Control Station should be contacted.

Privacy

Please observe competitor confidentiality by <u>not transmitting</u> competitor names unless specifically authorised to do so by the Net Control Station. A competitor can be identified by team name (or number) and team member colour (Red, Yellow, Green or Blue). Our transmissions may be monitored (by press and radio enthusiasts) and news of ill or injured competitors may be prematurely disclosed, which may in turn cause alarm to family and friends.

Traffic

The expected traffic varies according to what other communications systems are available to the officials at a particular checkpoint. IF YOU HAVE TO LEAVE YOUR RADIO (to deliver messages/calls of nature/equipment maintenance), INFORM NET CONTROL (NCS) OF THE ESTIMATED PERIOD OF ABSENCE AND INFORM NCS ON YOUR RETURN. Please "read the mail", it will be useful if you are well informed. The NCS will be operating a "Controlled Net" so please observe established protocols.

Formal Messages

WICEN message forms should be used for passing formal messages.

If the message originator requires a copy of the message, they should be given the white copy, and the pink copy should be submitted to the Event Coordinator after the event. If the message originator does not require a copy of the message, then the white copy should be submitted to the Event Coordinator after the event, and the pink copy retained by the operator. All other messages (informal) should be delivered in writing. **AVOID VERBAL MESSAGES**.

Contact Information

Emergency Services			
Location / Position	Numbers		
All emergency agencies	000		
Oxfam Trailwalker Control Centr	re		
Location / Position	Numbers		
Event Safety Coordinator (Wesburn)	(03) 5967 2154		
Police			
Location / Position	Numbers		
Lilydale Police (63 Castella St Lillydale 3140)	(03) 9735 1066		
Hospital /Ambulance			
Location / Position	Numbers		
Metropolitan Ambulance Service	(03) 9840 3500		
Alexandra and District Ambulance Service	(03) 5772 1162		
Maroondah Hospital and Emergency Service	(03) 9871 3333		
Healsville Hospital	(03) 5962 4300		
Angliss Hospital, Ferntree Gully	(03) 9764 6111		
Local Council/ Parks Victoria/ NF	RE		
Location / Position	Numbers		
Shire of Yarra Ranges –	0419 527 312		
Emergency Management Officer- Kevin Johnson	1300 368 333 (out of hrs)		
Shire of Yarra Ranges – Simon O'Callaghan	9294 6723, 0408 386 135		
Shire of Yarra Ranges – Traffic Engineer Kevin Kalwig	0419 522 826		
Parks Victoria- Leesa Fraser	9562 2960, 0419 894 328		
Parks Victoria - Brett Mitchell	0427 537 829		
Parks Victoria – Matt Hoogland	0418 342 960		
Parks Victoria - Ian Roche	0418 102 724		

Emergency Emergency Services

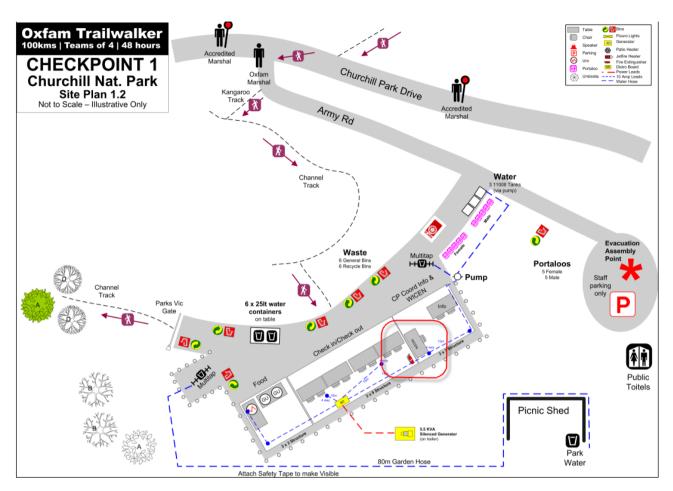
Event Coordination

Control Centre Wesburn

Location / Position	Numbers	
Event Controller	5967 1761	
Event Safety Coordinator – Control Centre	5967 2154	
Event Logistics	5967 2389	
Volunteer Coordinator	5967 1429	
Event Results Coordinator	5967 2501	
Event Media Coordinator	5967 1429	
St Johns Ambulance	0439 891 601	
WICEN VK3ZNT SIMON	0418 190 637	

Contingency numbers: Contact Information for Checkpoint Officials in Checkpoint descriptions.

Checkpoint 1 Site Diagram



Checkpoint 1 Information

Personnel

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Location

Churchill National Park Picnic Area, Lysterfield South (Melways Ref 82, B9)

Setup Notes

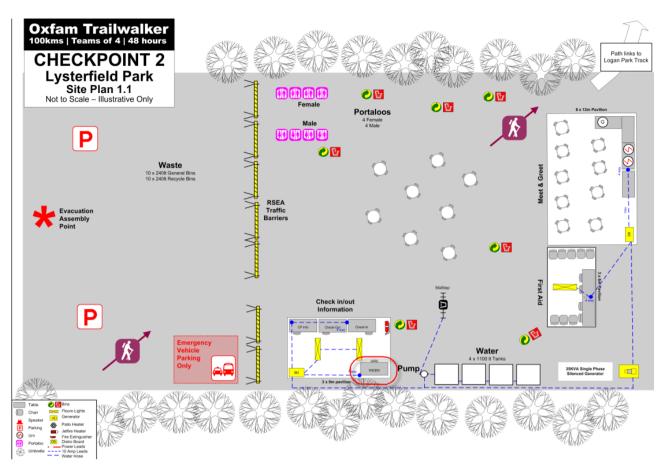
The checkpoint is an inlet in an asphalt car park. Tents are being used on the asphalt to house officials and WICEN. Unloading equipment from a vehicle is possible during checkpoint setup. Parking at the site is limited though should be controlled. The area is moderately treed though clear spaces exist above the checkpoint. There are bollards at the rear of the checkpoint which could be used to support an antenna mast or there is a grass covered clearing (not vehicle accessible) at the rear of the checkpoint tents. Take care with any cables leading from the rear of the tent as they may cause a trip hazard.

Key Times		
Event / Activity Day / Time		
Checkpoint 1 staff arrive	Friday 0600	
Checkpoint 1 opens	Friday 0700	
Checkpoint 1 closes	Friday 1330	

Initial Contacts

Checkpoint Coordinator	Evelyn Wee
Assistant Checkpoint Coordinator	N/A

Checkpoint 2 Site Diagram



Checkpoint 2 Information

Personnel

5	FRIDAY	0800 – 1300	Bruce VK3BMK	
5	FRIDAY	1300 – 1800	Ray VK3CRK	

Location

Lysterfield Lake Picnic Area, Lysterfield (Melways Ref 108 D2)

Setup Notes

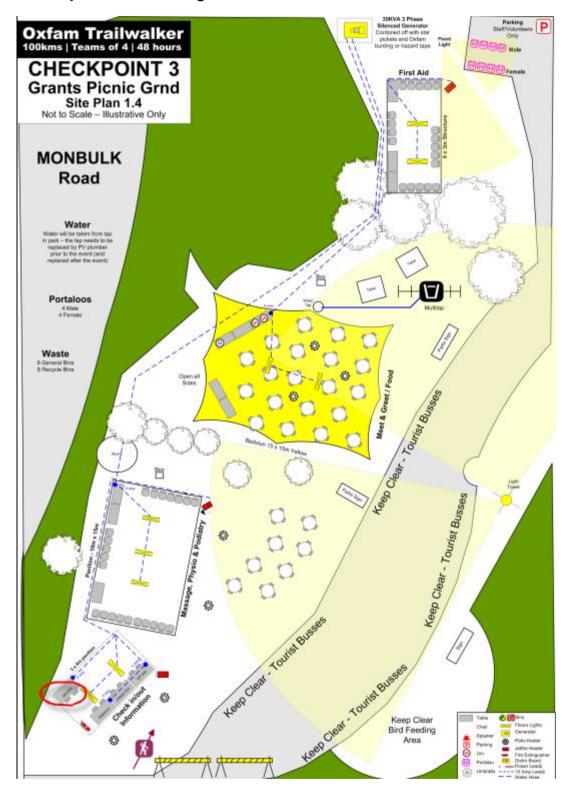
The checkpoint is an education building down from the main parking area. Unloading equipment from a vehicle is possible during checkpoint setup. Parking at the site is limited though should be controlled. The area is moderately treed though clear air exists at some points. The area WICEN are setting up in is close to a window and doorway. Keys for the wind out window have been sought. Mains power is available though should only be used as a backup. There is an upright 1.5m pole 3m from the doorway where WICEN are located. This upright pole could be used for a lightweight antenna mast. Take care with any cables leading from the building to the outside for masts etc. as there is a public telephone box at the rear of the building that will most likely be used by competitors. **Note a YAGI is mandatory for reliable repeater access.**

Key Times	
Event / Activity	Day / Time
Checkpoint 2 staff arrive	Friday 0700
Checkpoint 2 opens	Friday 0800
Checkpoint 2 closes	Saturday 1800

Initial Contacts

11/04/2008 7:00:00 AM	11/04/2008 3:00:00 PM Kate	Tuffin
11/04/2008 2:00:00 PM	11/04/2008 8:30:00 PM Pauline	Kanhalikham

Checkpoint 3 Site Diagram



Checkpoint 3 Information

Personnel

8	FRIDAY	0900 – 1700	John VK3JJB	
6.5	FRIDAY	1700 - 0130	John VK3BAF	

Location

Grants Picnic Ground (Mel Ref: 75 E1)

Setup Notes

The checkpoint is a portable structure in Grants Picnic Ground up from the main parking area. Unloading equipment from a vehicle is possible during checkpoint setup. An excellent radio position with low power required to access to the repeater. Take care with any cables leading from the portable structure to the outside for masts etc. as they may cause a trip hazard, where possible run cables under walkways.

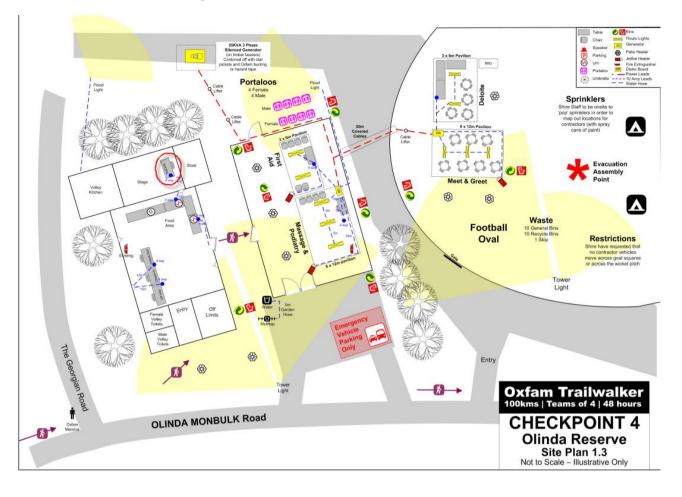
Key Times

Event / Activity	Day / Time
Checkpoint 3 staff arrive	Friday 0800
Checkpoint 3 opens	Friday 1000
Checkpoint 3 closes	Saturday 0130

Initial Contacts

Checkpoint 3	11/04/2008 8:00:00 AM	11/04/2008 5:30:00 PM	Lindsey	Thomson
Checkpoint 3	11/04/2008 8:00:00 AM	11/04/2008 5:30:00 PM	Linda	Younan
Checkpoint 3	11/04/2008 8:00:00 AM	11/04/2008 5:30:00 PM	Natalie	Dusting
Checkpoint 3	11/04/2008 4:30:00 PM	12/04/2008 2:00:00 AM	Beverley	Charles

Checkpoint 4 Site Diagram



Checkpoint 4 Information

Personnel

4	FRIDAY	1030 – 1500	lan VK3DVO	9763 0565
6	FRI/SAT	1500 – 2359	Paul VK3YYF	9753 2184
6	SATURDAY	0000 – 0700	lan VK3DVO	9763 0565

Location

Olinda Reserve (Mel Ref: 66 J7)

Setup Notes

<To be updated>

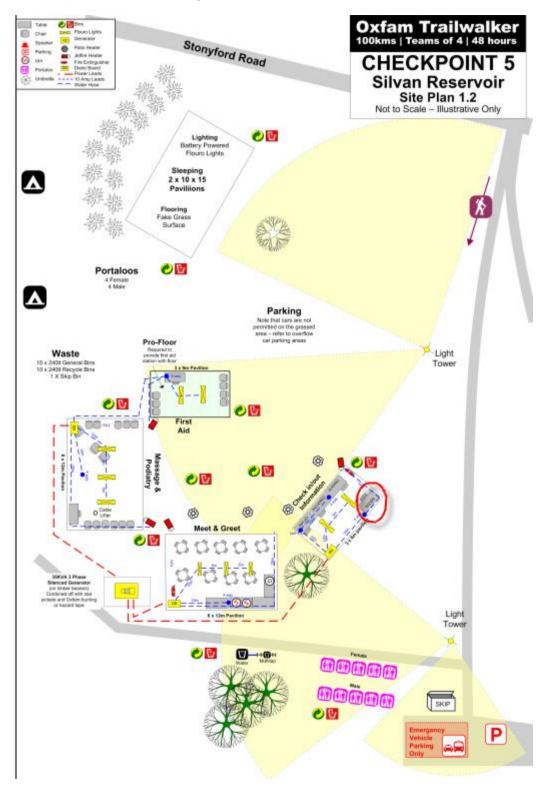
Key Times

Event / Activity	Day / Time
Checkpoint 4 staff arrive (estimated)	Friday 0900
Checkpoint 4 opens	Friday 1030
Checkpoint 4 closes	Saturday 0700

Initial Contacts

Checkpoint 4 11/04/2008 9:00:00 AM 11/04/2008 6:30:00 I	PM Remy	Kinna
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Checkpoint 5 Site Diagram



Checkpoint 5 Information

Personnel

7.5	FRIDAY	1030 – 1800	Derek VK3XY	
8	FRI/SAT	1800 – 0200	Mark VK3XMU	
9	SAT	0200 – 1100	Ray VK3CRK	

Location

Silvan Reservoir Park (Mel Ref: 120 G11)

Setup Notes

This checkpoint is a tent within the Silvan Reservoir Park. Normally vehicles cannot be brought close to the operating position for unloading equipment during checkpoint setup though see what you can organise. A 2m antenna mast will be required at this location. **Please pack extra lighting as this was poor last year.**

Checkpoint Contact Information

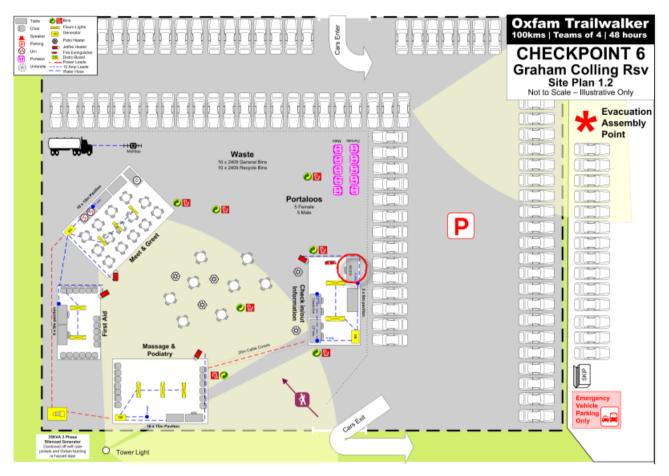
Key Times

Event / Activity	Day / Time
Checkpoint 5 staff arrive	Friday 900
Checkpoint 5 opens	Friday 1030
Checkpoint 5 closes	Saturday 1100

Initial Contacts

Checkpoint 5	11/04/2008 9:00:00 AM	11/04/2008 4:00:00 PM	Peter	Silva
Checkpoint 5	11/04/2008 3:00:00 PM	11/04/2008 11:00:00 PM	Wayne	Peterken

Checkpoint 6 Site Diagram



Checkpoint 6 Information

Personnel

8	FRIDAY	1100 – 1900	Gerard VK3GER	
5	FRI/SAT	1900 – 2359	lan VK3YEA	5797 3118
8	SAT	0000 – 0800	Gerard VK3GER	
5	SAT	0800 – 1300	lan VK3YEA	

Location

Graham Colling Reserve (Mel Ref: 118 H11).

Setup Notes

A new checkpoint, moved from Mount Evelyn Reserve at the bottom of the valley, this checkpoint is on the Wesburn side with good elevation. Good repeater access using low power. Take care accessing the checkpoint, the road is rough and will no doubt have local traffic.

Checkpoint Contact Information

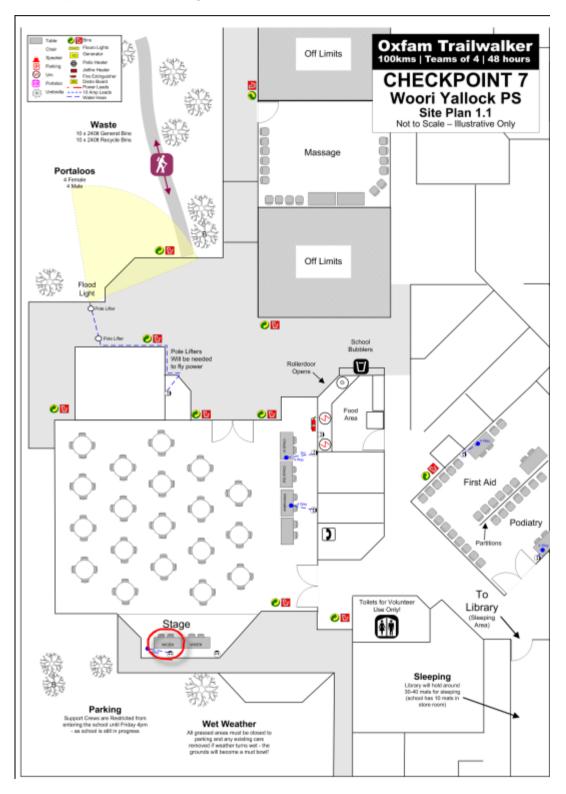
Key Times

Event / Activity	Day / Time
Checkpoint 6 staff arrive	Friday 1000
Checkpoint 6 opens	Friday 1100
Checkpoint 6 closes	Saturday 1400

Initial Contacts

Checkpoint 6	11/04/2008 10:00:00 AM	11/04/2008 6:00:00 PM	Shane Robert	Edmanson
Checkpoint 6	11/04/2008 10:00:00 AM	11/04/2008 6:00:00 PM	Jackie	Attard
Checkpoint 6	11/04/2008 5:00:00 PM	12/04/2008 12:30:00 AM	Christine	Elliott
Checkpoint 6	11/04/2008 11:30:00 PM	12/04/2008 7:30:00 AM	Paul	Butler
Checkpoint 6	12/04/2008 6:30:00 AM	12/04/2008 3:30:00 PM	Rebecca	Sturgeon

Checkpoint 7 Site Diagram



Checkpoint 7 Information

Personnel

5.5	FRIDAY	1230 – 1800	Fred VK3JM	9801 4972
8	FRI/SAT	1800 – 0200	Claus VK3AZE	
8	SATURDAY	0200 – 1000	Murray 3JKZ	
8	SATURDAY	1000 – 1800	Derek VK3XY	
4	SATURDAY	1800 – 2200	Fred VK3JM	9801 4972

Location

Worri Yallock Primary School, Woori Yallock (Melways Ref 286 F10)

Setup Notes

Mains power is available. Need to provide batteries as a backup.. Take care with any cables as they may cause a trip hazard. As can be seen of the site plan WICEN setup will be on the hall stage. Good access is via a door at the rear of the stage. A key to this door may have to be sought.

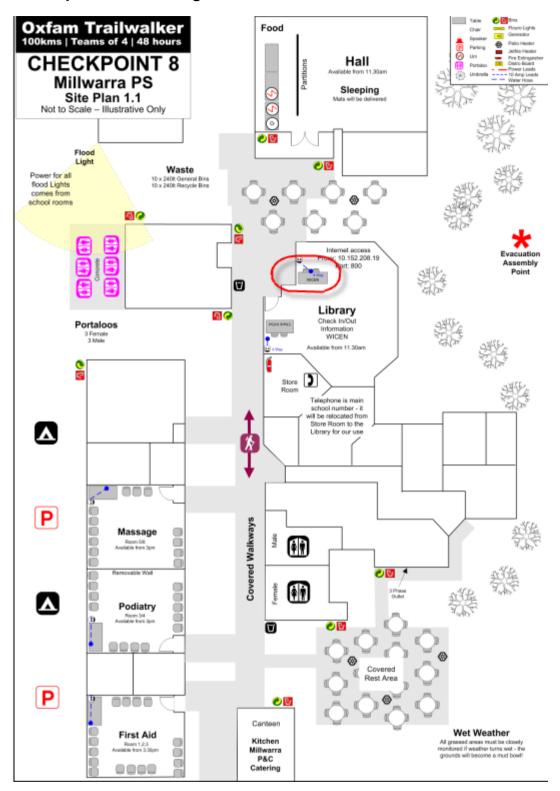
Key Times

Event / Activity	Day / Time
Checkpoint 6 staff arrive	Friday 1230
Checkpoint 6 opens	Friday 1400
Checkpoint 6 closes	Saturday 2230

Initial Contacts

Checkpoint 7	11/04/2008 12:30:00 PM	11/04/2008 9:00:00 PM	Ingrid	Klausen
Checkpoint 7	11/04/2008 8:00:00 PM	12/04/2008 3:30:00 AM	Clifford	Heri
Checkpoint 7	12/04/2008 2:30:00 AM	12/04/2008 10:00:00 AM	Scott	Ellard
Checkpoint 7	12/04/2008 9:00:00 AM	12/04/2008 5:00:00 PM	Wendy	Pawsey
Checkpoint 7	12/04/2008 4:00:00 PM	12/04/2008 11:30:00 PM	Soo Huey	Үар

Checkpoint 8 Site Diagram



Checkpoint 8 Information

Personnel

8	FRIDAY	1400 – 2200	Graeme VK3BXG	5625 1532
8	FRI/SAT	2200 – 0600	Trevor VK3HTL	5966 6212
8	SATURDAY	0600 – 1400	Graeme VK3BXG	
8	SATURDAY	1400 – 2200	Claus VK3AZE	
7	SAT/SUN	2200 – 0500	Graeme VK3BXG	5625 1532

Location

Millwarra Primary School, Milgrove (Melways Ref 289 C4)

Setup Notes

This checkpoint is located in the library at the primary school. Attach mast to Basketball ring bracket (stepladder required) on west wall of library. The feed line can be brought through sliding window just around the corner towards the roadside of the library. Ask CP coordinators to move WICEN to west wall and obtain key to window lock. Mains power is available though should only be used as a backup. Take care with any cables leading from the building as they may cause a trip hazard.

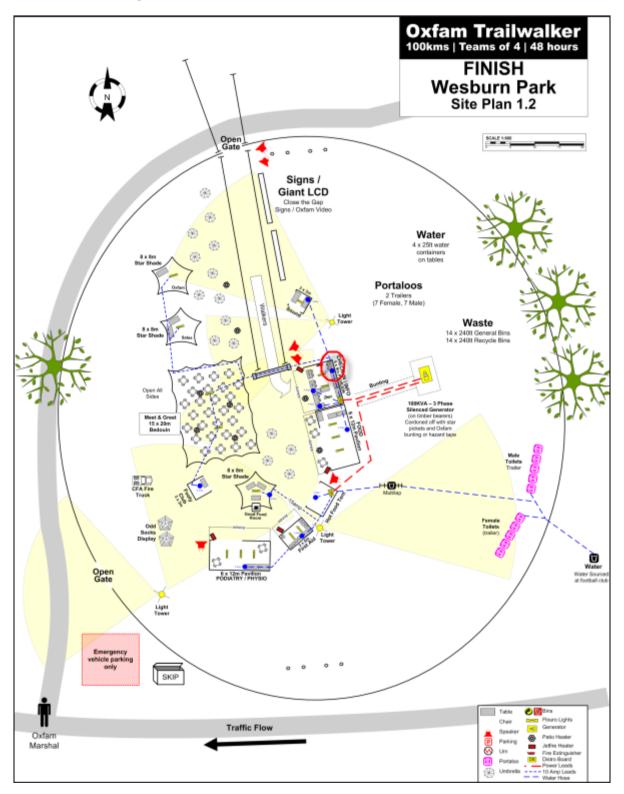
Key Times

Event / Activity	Day / Time	
Checkpoint 7 staff arrive	Friday 1300	
Checkpoint 7 opens	Friday 1400	
Checkpoint 7 closes	Sunday 0500	

Initial Contacts

Checkpoint 8	11/04/2008 1:00:00 PM	11/04/2008 9:30:00 PM	Sacha	Kamau-Gacheru
Checkpoint 8	11/04/2008 8:30:00 PM	12/04/2008 5:00:00 AM	Danuta	Krupko
Checkpoint 8	12/04/2008 11:30:00 AM	12/04/2008 8:00:00 PM	Bruno	Doring
Checkpoint 8	12/04/2008 7:00:00 PM	13/04/2008 3:30:00 AM	Merilyn	Newnham

Finish Site Diagram



Finish Information

Personnel

8	FRI/SAT	1700 – 0100	Col VK3BLE	
8	SATURDAY	0100 – 0900	Dirk VK3FPAJ	
8	SATURDAY	0900 – 1700	Col VK3BLE	
8	SAT/SUN	1700 – 0100	Trevor VK3HTL	
8	SUNDAY	0100 – 1000	Col VK3BLE	

Location

Wesburn Park (Mel Ref: 289 B9) (across the oval from NetControl)

Setup Notes

The finish checkpoint is located within a portable building 900m from Netcontrol. Dress warmly as this is one of the few checkpoints open both nights exposed to the environment.

Key Times

Event / Activity	Day / Time
Finish Staff Arrive	Friday 1200
Finish opens	Friday 1700
Finish closes	Sunday 1000

Initial Contacts

Finish	11/04/2008 3:00:00 PM	11/04/2008 11:30:00 PM	Belinda	Clark
Finish	11/04/2008 10:30:00 PM	12/04/2008 7:00:00 AM	Emily	Shafto
Finish	12/04/2008 6:00:00 AM	12/04/2008 2:30:00 PM	Marcus	Hoyne
Finish	12/04/2008 1:30:00 PM	12/04/2008 10:00:00 PM	Warren	Rickard
Finish	12/04/2008 9:00:00 PM	13/04/2008 5:30:00 AM	Wayne	Peterken
Finish	13/04/2008 4:30:00 AM	13/04/2008 11:30:00 AM	Graham	Double

Net Control Information

Personnel

8	FRIDAY	0630 – 1600	Simon VK3ZNT	John VK3ZRV
8	FRIDAY	1600 – 2359	Peter VK3KTS	Vacant
8	FRI/SAT	0000 – 0800	David VK3KIC	Bruce VK3UV
8	SATURDAY	0800 – 1600	Peter VK3KTS	Simon VK3ZNT
8	SATURDAY	1600 – 2359	Chris VK3OR	Mark VK3XMU
8	SAT/SUN	0000 - 1000	John VK3BAF	John VK3JJB
8	SUNDAY	0600 – Finish	Simon VK3ZNT	David VK3KIC
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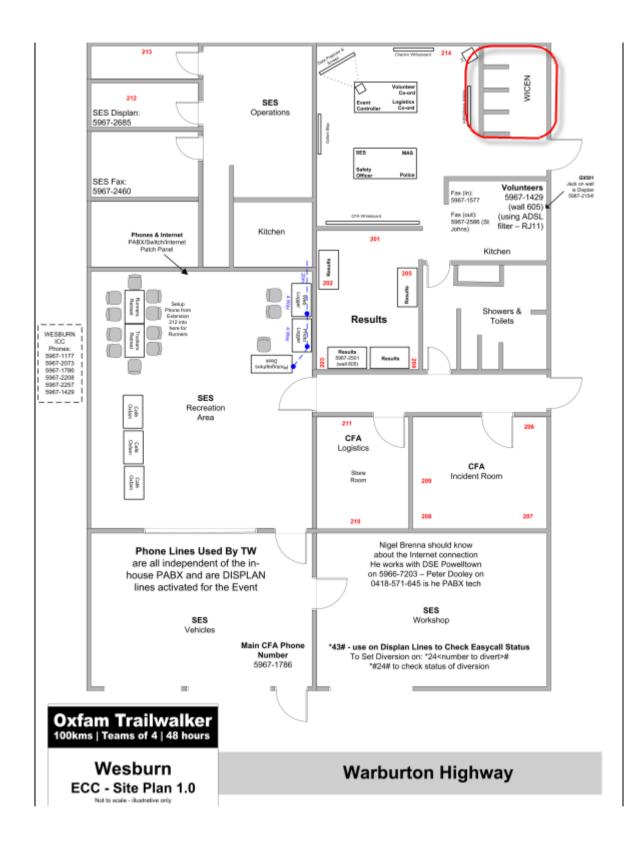
Location

Wesburn Combined Emergency Services Centre, Warburton Hwy, Wesburn

Key Times

Event / Activity	Day / Time
Control Centre staff arrive	Friday 0500
Control Centre opens	Friday 0630
Control Centre closes	Sunday 1000

WICEN operators may briefly visit the Net Control Station (particularly to submit log sheets & message forms), but congregation, loud conversations and laughter is undesirable and will hinder efficient NCS operation.



Appendix 1 WICEN Newsletter Log Keeping Article

WICEN Log Keeping Requirements

Adapted from an article by David Harris VK3SV published in the August 1996 WICEN (Vic.) Inc. Newsletter

A good log should show your activities from the moment you commence operating your field station until you are given permission to close. That means it should contain virtually everything. The log should contain things like the following:-

- 1. The time of your first transmission to AWI and the allocation of your call sign. At this stage, the control station should give you a time check.
- 2. Details of all formal messages received and transmitted. It is not necessary to write the entire message in your log, simply the serial number of it. It could be helpful however to write a brief precis of the message for future reference.
- 3. In many training exercises, particularly car rallies, there are very few formal messages passed so your log should show a record of the informal messages passed. If we are required to transmit car numbers as they pass, it would be sufficient to log the first car and then the last.
- 4. Should any event occur, even if you do not transmit the fact, you should consider logging it. Might seem insignificant but you could log, " Started to rain". Later, that might be very important.
- 5. As a general rule, I think it is safe to say, "If in doubt log it!'.
- 6. The time when you are given permission to close.
- 7. And, MOST IMPORTANTLY, when you are finished for the day, the log must be given to the Event Commander. If this is not practical, put it in an envelope and post it. Why? Because all the paperwork for an activation or a training exercise is filed away in case we are ever required to justify our actions.

There are many kinds of log sheet available - I am still using those which were prepared for the Great Bike Ride in 1993 - but that does not matter, any will do. And, if you do not have a proper log sheet, improvise!

We have not yet been required to front up in a court of law to explain our actions but, if we ever should, our log sheets will be of considerable assistance.

Appendix 2 Change List

V0.1 to V1.0 Fixed pagination